PARTNER VIOLENCE IN RAINBOW RELATIONSHIPS

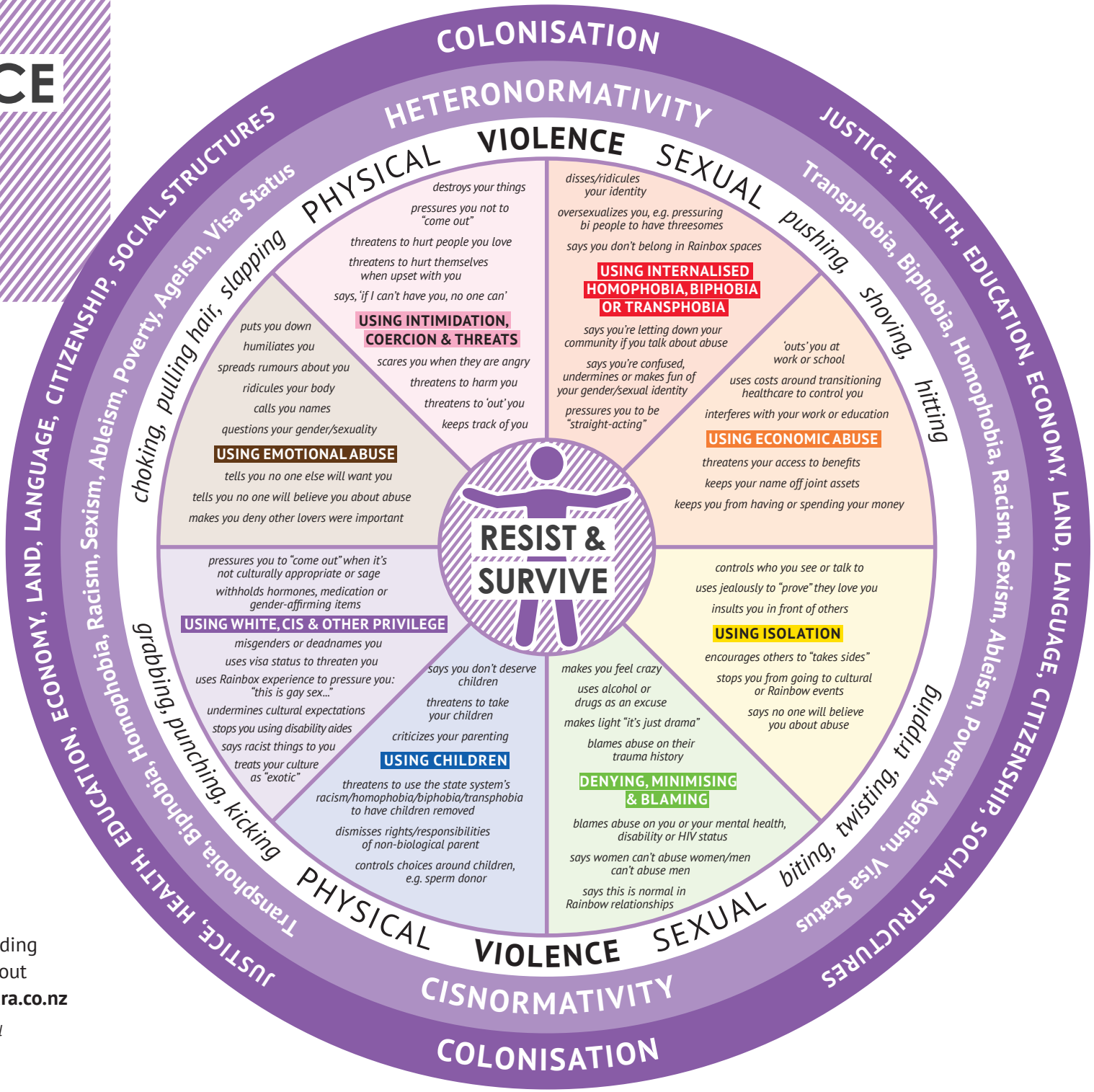
Most **Rainbow relationships** are based on love and mutual respect. People can be themselves, communicate what they want, negotiate and feel free to say no to things they don't want to do. Everyone involved feels listened to when they speak.

But sometimes what's happening in our relationships doesn't feel alright. No relationship is perfect, but you should not feel unsafe, afraid or like your opinion doesn't matter.

Partner violence is when one partner uses abusive and controlling behaviours to get and maintain control over the other.

These behaviours have been identified by Takatāpui and Rainbow survivors. They are specific to Aotearoa and specific to Rainbow relationships.

Rainbow relationships are any relationships that include at least one person from Takatāpui and Rainbow communities. This might include two women, two men, different gender relationships or poly relationships involving at least one person from Takatāpui and Rainbow communities.



Hohou Te Rongo Kahukura
Outing Violence

To find out more about building Rainbow communities without violence, visit: **www.kahukura.co.nz**

**Adapted from the Duluth LGBT Wheel*